

Filming tips from Atom Learning



Before filming

- Find a place (whether it's your living room, bedroom or home office) where you won't be distracted for the next 5 to 10 minutes. Set your phone to aeroplane mode.
- Choose a comfortable seat in an area that is well-lit.

Top tips for location:

- Avoid spaces with glass objects like mirrors, sculptures, tables, and big windows.
- Empty rooms or large spaces can cause echoes. Try to find a space with bookshelves, sofas, and plants to help absorb any echo.
- Sit towards natural or artificial light, like the example below.



Window behind

Window in front



Setting up your camera

- You can use your phone for this.
- Make sure you film in portrait rather than landscape.

How to speak to the camera

- Look directly at the camera.
- Don't worry about trying to sound professional or clever, just talk normally, as if you're speaking with a friend.
- If you make a mistake, just repeat yourself, you don't need to start over. We can edit it out!



Contact us

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